

[illegible][illegible]

1. ہندسہ، متغیر، دستاویز، فدیہ؟

**تِلْخَن دِکَلَتَس دِسْهَدَسَه، یِتْخَز دِسْهَدَسَه (۲۰۵) دِهَجَه، هِدَیْگَهجَه، اِنِ یَسْتَت مَن یِتْخَز نِم:**

- قەھرىيە جەڭدە ئۆزىنىڭ
- ئىسپاتىنى ئىسپات قىلىش
- ئۆزىنىڭ ئۆزىنىڭ
- قەھرىيە.

٢. كَلَّ مِنْ قَدَرٍ لَمْ يَجِدْ، لَمْ يَسِبْ شَيْئًا دُونَ ذَلِكَ. فَسَدَّهٖ، لَمْ يَزَلْ يَدْفَعُ قُلُوبَ الْفُجَّهَةِ، لَفُجَّهَةٍ لَمْ يَدْفَعِ.

2. تَجَلَّاهُ، يُسَبِّحُ مَعْدَنِيهِ مَعْبُوهُ، دَهْنَكَبَهُ، كَسَمُ؟

**Payment and Service Finder** دې لټونې سولایښت خپل د پاملرنې د ویشلو په واسطه د

إذا قُبلت، فسيُطلب منك إكمال نموذج الطلب، وإرساله إلى [131313@servicesaustralia.gov.au](mailto:131313@servicesaustralia.gov.au) أو إرساله عبر الإنترنت على [servicesaustralia.gov.au/paymentfinder](https://servicesaustralia.gov.au/paymentfinder) للتحقق من الدفع، واستم. لتتأكد من أنك قد أرسلت نموذج الطلب بشكل صحيح، يمكنك التحقق من الدفع على [servicesaustralia.gov.au/paymentfinder](https://servicesaustralia.gov.au/paymentfinder) أو الاتصال بـ 131313.

3. اے ہم فدویہ کی لختِ دہلیب و شہیدِ بکریہ کی شہادت؟

اَللّٰهُمَّ صَلِّ وَسَلِّمْ عَلٰى سَيِّدِنَا مُحَمَّدٍ وَ عَلٰى اٰلِهِٖ وَسَلِّمْ

- انجلیس کفعلہ دتسب متعلد بک Medicare, Centrelink ب Child Support مہ یتسجف.
- فتملس ملس مفعلمس ملس کمڈکتمجف د Centrelink.

لَسَنِي جِدٌّ مَعَكُمْ لَهْجَةً، يَا هَبْلِي، هَلْ هُمْ مَعَكُمْ قُلُوبًا أَوْ لَسَنَةً لِيُخْبِتُوا بِهِ أَعْمَالَكُمْ؟

#### 4. نِسْهَ، بَ، يَكْهَجْ، نَكْهَجْ، نِم؟ My Health Record

My Health Record

**تَلَحُّظٌ** مُبْتَدَأٌ، تَتْلُوهُ دَعْوَةٌ، لَهَا فِعْلٌ، وَهِيَ دَعْوَةُ مَجْمُوعَةٍ مِنْ أَهْلِ الْإِسْلَامِ إِلَى تَقَابُلٍ بَيْنَهُمْ فِي شَيْءٍ أَوْ إِجْرَاءٍ.

• اُكْمَهُ، كُنْجُهُ مَقْدَرٌ

● تلمیذ، لنگرچو، چتاک، پ داسمک، دویمیتک، متاک.

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سَنَنْ دَسْخَاكَا دَفْعَه دَكُونَاكَا دِيَسْ كَسَاكَا (دَلَمَد) دَلَسْجِدْ نَسَاكَا، فَكَلَاكَا، دَسَا، فَهَذَكِي دَلَاكَا دِيَسْ.

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**معيبه، دعتبہ، لستہ و ستم نجسہ د Medicare ۲، کتہجہ، یک و ستم دفیمہ د مگہ ختہ.**

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Child o Medicare, Centrelink, Support.

[illegible]

- اَبَدِيَّةٌ ، سَمَدٌ ، وَتَوَنُّوْهُ ، جَمْعُكَ ، بِ جَمْعِيَّةٍ
- هَمِيْزٌ ، هَاءٌ ، دَوَّسٌ ، مَبْدٌ ، نَحْوُ فَعْلَةٍ ، حَلَّتْ ، دَلَّتْ ، هَمِيْزٌ

- [illegible]

11. **نہجہ کجہ**، **سجڈ یجہ کجہ** **child support** **بہجہ** **Family Tax Benefit** **بہجہ**؟

- **Child Support** ڇڏي ڇڏي 131 272 ڏينهن ۾ ڏيکاريل آهي ته ڪيترن ئي ماڻهن کي ڪم ڪرڻو پيو آهي. ڪم ڪرڻ جي ڳالهه ڪم ڪرڻ جي ڳالهه آهي.

12. اے ہجرت کیلئے تیار ہو، دیکھو، دیکھو، تمہارے دل کی بات؟

- قوله ، دشمه صله ، كلف 2 ، 2 ، كجه ، كوه 2 2 :

- ڪهڙي ٻي ڳڻپ ۾ Centrelink
- ڪهڙي ٻي ڳڻپ ۾ Medicare
- ڪهڙي ٻي ڳڻپ ۾ Child Support
- ڪهڙي ٻي ڳڻپ ۾ Medicare، Child Support، ۽ Centrelink

دسټوپ، لټوف servicesaustralia.gov.au/contact لټوف مودټيم، ټيبلټ، ټيليفون.

13. **نَمْز مَسْ دَمَجِيپ يِلَفَتِكِم ٨٥٨٠ شَتِي دِهَنَدَكِم لَيَدَتِي؟**

[illegible]

**860-973-7333** | **1800-015-377** | **www.servicesaustralia.gov.au/domesticviolence**

**RESPECT (1800 737 732)** نجلدو، سد سمځل دښمنه 24 هکله تهغه، تجکل تهغته تېغه مهځ  
سلفه د 'فتمه' سلفه که فتمه' ('Find services in your area').

Ask Izzy جیسے ہند مہینہ بتلے (directory) لکھو ڈھجہ، دھتجسبہ، یلختہ، کہ کنبہ جہ، دسہم، لٹہق  
askizzy.org.au



## Family and domestic violence checklist

If you are concerned about your or your family's safety, we can help. Here are some things to keep in mind if you contact Child Support, Centrelink or Medicare.

### 1. Do you have access to personal identity documents?

We may ask for personal identity documents for you and your children. This could include documents like these:

- driver licence
- birth certificate
- visa details
- passport.

If you do not have access to them, we can still help you. Contact us and we will work with you to find other options.

### 2. Do you know what payments you can get?

Use our Payment and Service Finder to see what payments and services you may be able to get.

You can also use it to find services near you. Select your state or territory, then family and domestic violence. Go to [servicessaustralia.gov.au/paymentfinder](https://servicessaustralia.gov.au/paymentfinder) for more information in English.

### 3. Does someone else deal with us on your behalf?

We can help you end an arrangement if someone else:

- has permission to deal with Centrelink, Medicare or Child Support on your behalf
- is getting and using your Centrelink payment.

We will let you know if we need to tell the other party about the change.

### 4. Do you or your children have a My Health Record?

Your or your child's My Health Record can contain contact information such as your address.

If this could put your family at risk, call the My Health Record Help line on **1800 723 471** and select **option 1**.

## **5. Do you have any requirements you need to meet to get your Centrelink payment?**

You may need to meet participation or mutual obligation requirements to get a Centrelink payment.

Talk to us, or your provider, if you cannot:

- attend an appointment
- meet your participation or mutual obligation requirements.

## **6. Have you updated your personal details with us?**

As part of your safety planning, update your personal details with Child Support, Centrelink and Medicare. This could be a new postal address or phone number.

This is to make sure only you get payments and correspondence from us.

## **7. Do you need to change any of your passwords?**

If someone else has access to your online or myGov accounts, you can change your passwords at any time.

If you are concerned about the security of your records, let us know. For example, if you think someone has accessed your myGov account, call the myGov help desk on **132 307** for help in English.

## **8. Do you need to transfer yourself to another Medicare card?**

You can transfer to a new Medicare card if it is unsafe to remain on a previous card.

To do this, call Medicare on **132 011** and tell us what you want to do in English. We will direct you to the next step.

## **9. Do you have secure access to a bank account in your own name?**

As part of your safety planning, you may have secure access to a bank account in your name only.

If you would like us to send your payments to that account, you will need to change your bank account details. Remember, you will need to do this separately for Centrelink, Medicare and Child Support.

## **10. Do you need help to understand our information?**

If you need help to understand information about our payments and services, there are options available. For example, we can help if:

- you have a hearing or speech impairment
- you need to talk to someone in your language
- you or someone in your care have a disability, illness or injury.

To speak to us in your language, call:

- **131 202** about Centrelink payments and services
- the Translating and Interpreting Service (TIS National) on **131 450** about Medicare or Child Support payments and services.

Go to [servicesaustralia.gov.au/accessibility](https://servicesaustralia.gov.au/accessibility) for more information in English.

You can also find information in your language at [servicesaustralia.gov.au/yourlanguage](https://servicesaustralia.gov.au/yourlanguage)

## **11. Do you have a current child support case or need to apply for child support for your Family Tax Benefit?**

Call Child Support on **131 272** for information in English if you are concerned about:

- seeking child support from your ex-partner
- us contacting your ex-partner.

## **12. Is there other business you need to talk to us about?**

You can talk to us if you have questions about:

- Centrelink payments or debt
- Medicare payments or processes
- Child Support assessments or debt
- the security of your Child Support, Centrelink or Medicare records.

Go to [servicesaustralia.gov.au/contact](https://servicesaustralia.gov.au/contact) for more information in English.

## **13. Where can I find other support services and tools?**

Our social workers provide free, confidential counselling. They can refer you to other services that might help. Call our Employment Services line on **132 850** and ask to speak to a social worker. Let us know if you need an interpreter. We will arrange one for free.

There are other organisations to help you. You can find a list in English at [servicesaustralia.gov.au/domesticviolence](https://servicesaustralia.gov.au/domesticviolence)

**1800RESPECT (1800 737 732)** has a 24 hour, 7 day a week helpline and 'Find services in your area' function.

Ask Izzy is a directory to help you find services in your area. Go to [askizzy.org.au](https://askizzy.org.au)