Parental Peave Pay Transcript

Parental Leave Pay helps families with a newborn or recently adopted child. If you're a new parent taking time off work, you may be eligible.

There's 120 days or 24 weeks of Parental Leave Pay available to your family if your child is born or comes into your care from 1 July 2025. It's a shared payment, so if you have a partner, some days will be reserved for them to use. The most one parent in a couple can use is 105 days. If you're a single parent, you'll get the full 120 days of Parental Leave Pay.

The birth mother or first adoptive parent to claim must give approval to share Parental Leave Pay with another parent in a way that works for your family. At least one parent needs to claim Parental Leave Pay and be eligible within 12 months of your child's birth or adoption. The other parent has two years to claim.

You’ll get a superannuation contribution made on your payment. This will be shared between you and your partner based on how many days you each take.

You can choose how you want to take your days so that it suits you and your family's needs. You can use Parental Leave Pay on any days you're not working. This can include weekdays, weekends, holidays or any time you're on leave from work.

You can use your days before, after or at the same time as you take any paid or unpaid leave from your employer. You can take days even after you've returned to work. This means you could take some Parental Leave Pay days to supplement your income after a return to work or part time work arrangement.

If you're sharing Parental Leave Pay, you and the other parent can take up to 20 days at the same time, which allows you to spend time together as a family.

You can take days as a single block, multiple smaller blocks, single days, or can combine a smaller block with single days. And if you don't know when you want to use your days, we'll hold them for you. You have two years from your child's birth or adoption to use all your Parental Leave Pay days. And if your needs change, you can change your Parental Leave Pay days at any time through your online account.

For more information, go to **servicesaustralia.gov.au/parentalleavepay**