

# Ankylosing spondylitis – initial authority application

## Online PBS Authorities



You do not need to complete this form if you use the **Online PBS Authorities** system to apply for **biosimilar** brands of adalimumab, etanercept and infliximab. Requesting PBS Authorities online provides an immediate assessment in real time.

For more information and how to access the **Online PBS Authorities** system, go to **[servicesaustralia.gov.au/hppbsauthorities](https://servicesaustralia.gov.au/hppbsauthorities)**

## When to use this form

Use this form to apply for **initial** PBS-subsidised biological medicines (**originator** brands) for patients 18 years or over with ankylosing spondylitis.

## Important information

**Initial** applications to start PBS-subsidised treatment with **originator** brands must be in writing and must include sufficient information to determine the patient's eligibility according to the PBS criteria.

Applications for **biosimilar** brands of adalimumab, etanercept and infliximab, and **balance of supply** of all biological medicines can be made in real time using the **Online PBS Authorities** system or by phone. Call 1800 700 270 Monday to Friday, 8 am to 5 pm, local time.

Under no circumstances will phone approvals be granted for ankylosing spondylitis **initial** authority applications for **originator** brands.

Where the term 'biological medicine' appears it refers to adalimumab, bimekizumab, certolizumab pegol, etanercept, golimumab, infliximab, ixekizumab, secukinumab, tofacitinib and upadacitinib. Patients are eligible for PBS-subsidised treatment with only one biological medicine at any time.

A copy of the Bath Ankylosing Spondylitis Disease Activity Index (BASDAI) is provided for your convenience, but is not required to be submitted with this application.

The information in this form is correct at the time of publishing and may be subject to change.

## Continuing treatment

This form is ONLY for **initial** treatment with an **originator** brand.

Applications for **continuing** treatment with PBS-subsidised **originator** brands must be in writing and must include sufficient information to determine the patient's eligibility according to the PBS criteria.

Applications for **continuing** treatment with PBS-subsidised **biosimilar** brands of adalimumab, etanercept and infliximab are **Authority Required (STREAMLINED)** and do not require authority approval from Services Australia for the listed quantity and repeats.

## Section 100 arrangements for infliximab i.v.

This item is available to a patient who is attending:

- an approved private hospital, **or**
- a public hospital

**and** is a:

- day admitted patient
- non-admitted patient, **or**
- patient on discharge.

This item is not available as a PBS benefit for in-patients of a public hospital.

The hospital name and provider number must be included in this authority form.

## Treatment specifics

The assessment of the patient's response to the course of treatment must be conducted within the time frame specified in the restriction. Where a demonstration of response is not conducted within the required time frame, the patient will be deemed to have failed treatment with that particular PBS-subsidised biological medicine.

A patient who has experienced a serious adverse reaction of a severity necessitating permanent treatment withdrawal is not considered to have failed treatment with that particular PBS-subsidised biological medicine.

## For more information

Go to **[servicesaustralia.gov.au/healthprofessionals](https://servicesaustralia.gov.au/healthprofessionals)**



13 The condition is radiologically (plain X-ray) confirmed:

☐ Grade II bilateral sacroiliitis

or

☐ Grade III unilateral sacroiliitis

14 Provide details of the radiological report confirming the condition:

Name of the radiology report provider

Date of the radiology report (DD MM YYYY)

Unique identifying number/code that links the radiology report to the patient

15 The patient has **at least 2** of the following:

☐ low back pain and stiffness for 3 or more months that is relieved by exercise but not by rest

and/or

☐ limitation of motion of the lumbar spine in the sagittal and the frontal planes as determined by a score of at least one on each of the lumbar flexion and lumbar side flexion measurements of the Bath Ankylosing Spondylitis Metrology Index (BASMI)

and/or

☐ limitation of chest expansion relative to normal values for age and gender.

16 Has the patient failed to achieve an adequate response following treatment with at least 2 non-steroidal anti-inflammatory drugs (NSAIDs), whilst completing an appropriate exercise program, for a total period of 3 months?

No ☐

Yes ☐ Provide details of NSAID treatment

a) NSAID

Dose  mg

From (DD MM YYYY)

To (DD MM YYYY)

b) NSAID

Dose  mg

From (DD MM YYYY)

To (DD MM YYYY)

If the NSAID dose was less than the maximum recommended dose in the relevant TGA-approved Product Information, state the reason why.

17 If applicable, provide details of contraindications or intolerances to NSAID therapy including the degree of toxicity.

For details of the toxicity criteria, go to

**[servicesaustralia.gov.au/healthprofessionals](https://servicesaustralia.gov.au/healthprofessionals)**

Intolerances must be of a severity to necessitate permanent treatment withdrawal.

18 The patient failed to achieve an adequate response at the completion of the 3 month NSAID and exercise trial demonstrated by:

☐ a BASDAI score of at least 4 on a 0–10 scale

Baseline BASDAI score

Date of assessment (DD MM YYYY)

and

☐ an elevated erythrocyte sedimentation rate (ESR) > 25 mm/hr

Baseline ESR level

 mm/hr

Date of test (DD MM YYYY)

and/or

☐ an elevated C-reactive protein (CRP) > 10 mg/L

Baseline CRP level

 mg/L

Date of test (DD MM YYYY)


If applicable, provide the reason the patient could not demonstrate an elevated ESR or CRP level.

The baseline BASDAI score and ESR or CRP level must be determined at the completion of the 3-month NSAID and exercise trial, but prior to ceasing NSAID treatment.

All measurements must be **no more than 4 weeks old** at the time of initial application.

Where only one marker (ESR or CRP) has been provided at baseline, the same marker must be used for assessment for all continuing applications.

## Checklist

- 19  The relevant attachments need to be provided with this form.
- ☐ Details of the proposed prescription(s).
  - ☐ A completed Ankylosing spondylitis – exercise program self certification form.

## Privacy notice

- 20 Personal information is protected by law (including the *Privacy Act 1988*) and is collected by Services Australia for the purposes of assessing and processing this authority application. Personal information may be used by Services Australia, or given to other parties where the individual has agreed to this, or where it is required or authorised by law (including for the purpose of research or conducting investigations). More information about the way in which Services Australia manages personal information, including our privacy policy, can be found at [servicesaustralia.gov.au/privacypolicy](https://servicesaustralia.gov.au/privacypolicy)

## Prescriber's declaration

You do not need to **sign** the declaration if you complete this form using Adobe Acrobat Reader and return this form through Health Professional Online Services (HPOS) at [servicesaustralia.gov.au/hpos](https://servicesaustralia.gov.au/hpos)

### 21 I declare that:

- I am aware that this patient must meet the criteria listed in the current Schedule of Pharmaceutical Benefits to be eligible for this medicine
- I have informed the patient that their personal information (including health information) will be disclosed to Services Australia for the purposes of assessing and processing this authority application
- I have provided details of the proposed prescription(s) and the relevant attachments as specified in the Pharmaceutical Benefits Scheme restriction
- the information I have provided in this form is complete and correct.

### I understand that:


- giving false or misleading information is a serious offence.

☐ I have read, understood and agree to the above.

Date (DD MM YYYY) (you **must** date this declaration)

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Prescriber's signature (**only** required if returning by post)


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## Returning this form

Return this form, details of the proposed prescription(s) and any relevant attachments:

- **online** (no signature required), upload through HPOS at [servicesaustralia.gov.au/hpos](https://servicesaustralia.gov.au/hpos)
- or
- by post (signature required) to  
Services Australia  
Complex Drugs Programs  
Reply Paid 9826  
HOBART TAS 7001

# Ankylosing spondylitis – exercise program self certification

## Patient's declaration

### I declare that:

- I have undertaken a minimum exercise program, as detailed below, in conjunction with appropriate non-steroidal anti-inflammatory drug (NSAID) therapy, over the entire 3 month period immediately before this application
- I have performed stretch and range of motion exercises for a minimum of 5 times per week, **and either**
- an aerobic exercise of at least 20 minutes duration on at least 3 different occasions per week, **or**
- a group exercise class at least once per week.

Indicate by ticking the relevant exercise undertaken in the following table ☒

Week commencing (DD MM YYYY)				Stretch and motion exercise (5 x per week)				Aerobic activity (3 x per week)			Group exercise (1 x per week)		
			Wk 1										
			Wk 2										
			Wk 3										
			Wk 4										
			Wk 5										
			Wk 6										
			Wk 7										
			Wk 8										
			Wk 9										
			Wk 10										
			Wk 11										
			Wk 12										

**and either**                      **or**

Patient's full name

Patient's signature

Date (DD MM YYYY)

## Prescriber's declaration

### I declare that:

- I have instructed the patient in an adequate exercise program.

Prescriber's full name

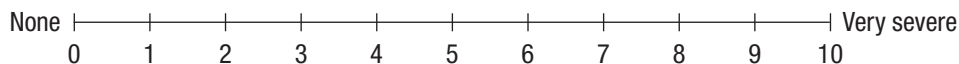
Prescriber's signature

Date (DD MM YYYY)

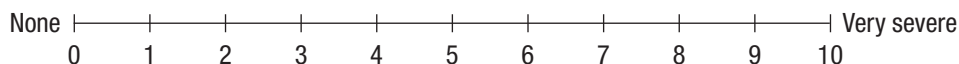
# Bath Ankylosing Spondylitis Disease Activity Index (BASDAI)

Place a mark on each line below to indicate your answer to each question as it relates to your **past week**.

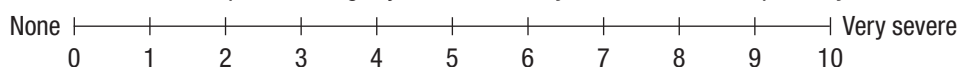
**1** How would you describe the overall level of fatigue/tiredness you have experienced?



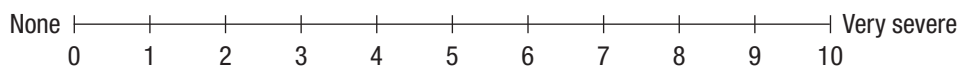
**2** How would you describe the overall level of Ankylosing spondylitis neck, back or hip pain you have had?



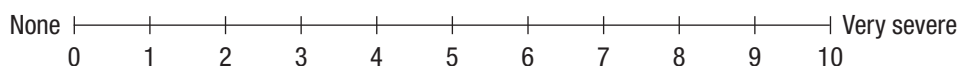
**3** How would you describe the overall level of pain/swelling in joints other than your neck, back or hips that you have had?



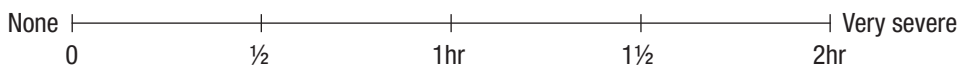
**4** How would you describe the overall level of discomfort you have had from any areas tender to touch or pressure?



**5** How would you describe the overall level of morning stiffness you have had from the time you wake up?



**6** How long does your morning stiffness last from the time you wake up?



## Scoring the BASDAI

Measure each question from 'None' to the patient's mark in centimetres.

Add Q5 and Q6 and divide by 2 = A

Add Q1, Q2, Q3 and Q4 = B

Add A and B and divide by 5 = BASDAI score

BASDAI prepared by the Pharmaceutical Benefits Branch, Australian Government Department of Health and Aged Care, 15 July 2004. Reproduced and extracted from: Garrett, Sarah et al. (1994) A New Approach to Defining Disease Status in Ankylosing Spondylitis: The Bath Ankylosing Spondylitis Activity Index. Journal of Rheumatology, 21 (12), 2286–2291, with the permission of the copyright holder.