



Parenting Payment

Parenting Payment 是一种旨在帮助父母或监护人承担抚养子女费用的收入支持。

Parenting Payment 是与 Family Tax Benefit 和 Parental Leave Pay 分开发放的津贴。除此之外，还可申领其他家庭津贴。

Parenting Payment 申领资格

Parenting Payment 的发放对象是孩子的主要照顾者。

只有一位家长或监护人可以申领这笔津贴。

如果符合以下任何条件，可作为父母、祖父母或养父母申领 Parenting Payment:

- 单身，并且照顾至少一个 14 岁以下的孩子。
- 有伴侣，并且照顾至少一个 6 岁以下的孩子。

申领该津贴，还需满足以下条件:

- 本人及伴侣（若有）的收入和资产都低于一定的数额
- 符合居住要求
- 在必要的前提下，满足相互义务要求。

Parenting Payment 津贴金额

Parenting Payment 的多少取决于家庭情况。津贴费率于每年 3 月 20 日和 9 月 20 日更新。有关最新费率，请访问 servicessaustralia.gov.au/parentingpayment

Parenting Payment 的收入和资产评估

Parenting Payment 的多少取决于您本人和您伴侣（若有）双方的收入和资产情况。

资产是指您部分或全部拥有的任何财产或所有物，包括在澳大利亚境外持有的资产，以及他人欠您的钱和债务。收入和资产评估于每年 3 月 20 日、7 月 1 日和 9 月 20 日更新。

有关最新费率，请访问 servicessaustralia.gov.au/parentingpayment

如何申领

不可在孩子出生之前提交 Parenting Payment 申请。通常是从提交申请和材料之日起评估 Parenting Payment。

如果在以下时间点的 4 周内提交申请和材料，我们可以追溯发放日期：

- 孩子的出生日期
- 孩子由您照顾的日期。

可以在线申请该津贴。更多信息，请浏览 servicesaustralia.gov.au/parentingpayment

了解更多信息

- 更多英文信息，请浏览 servicesaustralia.gov.au/parentingpayment
- 更多有关 Family Tax Benefit 的英文和其他语言信息，请浏览 servicesaustralia.gov.au/ftb
- 请浏览 servicesaustralia.gov.au/yourlanguage，获得中文版文本、音频或视频信息
- 请致电 **131 202**，使用中文咨询 Centrelink 福利金和服务的相关信息
- 欲办理 Medicare 事宜，请致电 **132 011**；欲办理 Child Support 事宜，请致电 **131 272**。如需口译服务，请告诉我们，我们将免费为您安排口译员
- 访问服务中心。

注意：从澳大利亚任何地方用座机拨打“13”打头的电话号码，费用固定。该费率可能与本地通话费用有所不同，也可能会因电话服务提供商不同而有所差异。座机拨打“1800”号码免费。如果使用公共电话或移动电话，电信提供商可能会对您的通话计时并收取较高费用。

免责声明

本出版物所包含信息仅用作福利金和服务指南。您有责任决定是否要申请福利金，并针对您的具体情况提出申请。



Parenting Payment

Parenting Payment is income support for parents or guardians to help with the cost of raising children.

Parenting Payment is a separate payment from Family Tax Benefit and Parental Leave Pay. There are also other payments for families you may be able to get.

Eligibility for Parenting Payment

Parenting Payment is paid to the principal carer of a child.

Only one parent or guardian can get the payment.

You may get Parenting Payment as a parent, grandparent, or foster carer, if any of these conditions apply:

- you are single and care for at least one child aged less than 14 years of age.
- you have a partner and care for at least one child aged less than 6 years of age.

To get this payment, you also need to meet these rules:

- the income and assets of both you and your partner (if you have one) are below certain amounts
- you meet the residence requirements
- you meet mutual obligation requirements if needed.

Payment rates for Parenting Payment

The amount of Parenting Payment you get depends on your family situation. The rates are updated on 20 March and 20 September each year. For the latest rates go to servicessaustralia.gov.au/parentingpayment

Income and assets tests for Parenting Payment

The amount of Parenting Payment you get depends on the income and assets of both you and your partner (if you have one).

An asset is any property or possession you own either in part or in full. It includes assets you hold, outside Australia and money and debts owed to you. The income and assets tests are updated on 20 March, 1 July and 20 September each year.

For the latest rates go to servicessaustralia.gov.au/parentingpayment

How to claim

You can't submit a claim for Parenting Payment before the birth of a child. We generally assess your Parenting Payment from the date you submit your claim and documents.

We can backdate your payments if you submit your claim and documents within either 4 weeks of:

- your child's birth
- the date the child came into your care.

You can apply for this payment online. For more information go to servicessaustralia.gov.au/parentingpayment

For more information

- go to servicesaustralia.gov.au/parentingpayment for more information in English
- go to servicesaustralia.gov.au/ftb for more information about Family Tax Benefit in English and other languages
- go to servicesaustralia.gov.au/yourlanguage where you can read, listen to or watch videos with information in your language
- call **131 202** to speak with us in your language about Centrelink payments and services
- call **132 011** for Medicare and **131 272** for Child Support. Let us know if you need an interpreter, and we will arrange one for free
- visit a service centre.

Note: calls from your home phone to '13' numbers from anywhere in Australia are charged at a fixed rate. That rate may vary from the price of a local call and may also vary between telephone service providers. Calls to '1800' numbers from your home phone are free. Calls from public and mobile phones may be timed and charged at a higher rate.

Disclaimer

The information contained in this publication is intended only as a guide to payments and services. It's your responsibility to decide if you wish to apply for a payment and to make an application with regard to your particular circumstances.