# How ABSTUDY can help you

To get ABSTUDY payments, you need to be an Aboriginal or Torres Strait Islander student or apprentice.

The kind of help you could get depends on your situation.

## High school student

* School fees
* Boarding fees
* Some study materials
* Travel for school
* Living expenses (usually for students aged 16 and over)

## Tertiary student or Australian apprentice

Living expenses

* Stationery or other study materials
* Uniforms
* Essential course costs such as textbooks
* Rent
* Travel for your study or to relocate

Find ABSTUDY payment rates and information on how to claim

* [**servicesaustralia.gov.au/abstudy**](http://servicesaustralia.gov.au/abstudy)
* ABSTUDY line **1800 132 317**

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