



တစ်စားထိုင်ကဒါ Centrelink အဒွန်ကမာ်အတင်အါ ထိုင်ဒီးတင် မၤန့ၢ်က့ၤတၢ်ဖဲ COVID-19 အဒွန်ကမာ် အိၣ်ကတီၢ်အသးအခါ

ဖဲ August 2021, ပဟ်ပတီၢ်တၢ်မၤန့ၢ်က့ၤဒွန်ကမာ်ဒီး တၢ်မၤအါထိုင်ဒွန်ကမာ်တစိၢ်တလီၢ်လၢတၢ်ကမၤစၢၤမၤစၢၤ
လီၤတၢ်ဆိၣ်သနးလၢပုၤလၢအဘၣ်ဒီးဘၣ်ထံးဝဲဒၣ် ဒီဖျိ COVID-19 အတၢ်ကးတၢ်တၢ်လၢအအိၣ်လၢ-

- New South Wales
- Victoria
- South East Queensland
- The Australian Capital Territory.

အခဲအံၤမ့ၢ်လၢ COVID-19 အတၢ်ဖိၣ်ပံးတဖၣ်န့ၣ်စၢ် လီၤဝဲဒၣ်လၢတၢ်လီၢ်သ့ၣ်တဖၣ်အံၤအပူၤအယီၤ, ဒွန်ကမာ်အါ
ထိုင်ဒီးတၢ်မၤန့ၢ်က့ၤတၢ်လၢ Centrelink န့ၣ်တၢ်ကစးထိုင်ကဒါက့ၤန့ၣ်လီၤ.

ပကစးထိုင်ကဒါဒွန်ကမာ်အတၢ်မၤအါထိုင်ဖဲ January 2022. န့ၣ်လီၤ. ဖဲ July 2022 ပကစးထိုင်မၤန့ၢ်က့ၤတၢ်စ့
တၢ်ဟဲန့ၣ် အတၢ်ဆိၣ်ထွဲဒီးဟံၣ်ဖိယီဖိအတၢ်မၤစၢၤအဒွန်ကမာ်တဖၣ်န့ၣ်လီၤ.

ပအဲၣ်ဒီးမၤစၢၤန့ၣ်လၢတၢ်ကဟ့ၣ်ကဒါစ့ၤလၢကျိၤကွၢ်လၢအကဘၣ်လိာ်သးအဒိၣ်ကတၢ်ဒီးနတၢ်အိၣ်သးန့ၣ်လီၤ.
နတလိၣ်ဟ့ၣ်ကဒါန့ၣ်ကမာ်တဘျီပီတုၤအလၢာ်ဘၣ်. နရဲၣ်ကျဲၤဆီလီၤတၢ်ဟ့ၣ်ကဒါအတၢ်ရဲၣ်တၢ်ကျဲၤဒီးဟ့ၣ်
ကဒါက့ၤအီၤလၢတၢ်ဟ်ပနီၣ်တၢ်ဆၢကတီၢ်တခါအတီၢ် ပူၤန့ၣ်သ့ၣ်လီၤ. ပုၤအါဒၣ်တၢ်တက့ၢ်န့ၣ်မၤတၢ်အဝဲအံၤလီၤ.

တၢ်မၤန့ၢ်ကကဲထိုင်အသးဖဲ January 2022 န့ၣ်လဲၣ်

Centrelink ဒွန်ကမာ်အတၢ်အါထိုင်ကစးထိုင်ကဒါဖဲ 10 သီ January 2022. ပကကွဲးလီၤလံာ်ဆူပုၤလၢအအိၣ် ဒီးဒွန်
ကမာ်အသီတခါလၢတၢ်ကဒုးသ့ၣ်ညါအဝဲသ့ၣ်လၢမ့ၢ်အဝဲသ့ၣ်အဒွန်ကမာ်အိၣ်ထဲလဲၣ်ဒီးမ့ၢ်အကဘၣ်စးထိုင်ဟ့ၣ်ကဒါ
က့ၤလၢအခါမတၤလဲၣ်န့ၣ်လီၤ.

ပုၤတနီၤလၢအဟ်ကတီၢ်ယာ်အတၢ်ဟ့ၣ်ကဒါအဒွန်ကမာ်တဖၣ်ဘၣ်တဘၣ်ကအိၣ်စ့ၢ်ကီးဒီးအဒွန်ကမာ်လၢအသီတခါန့ၣ်
လီၤ.

မ့ၢ်တမ့ၢ်လၢပုၤတဂၤယုထၢလၢကဟ့ၣ်ဆိကဒါအစ့ဘၣ်ဒီး, ပုၤတအိၣ်နီၤတဂၤလၢကဘၣ်ဟ့ၣ်ကဒါတၢ်တုၤလီၤလၢ July
2022 ဘၣ်န့ၣ်လီၤ.

ဖဲနမ့ၢ်အဲၣ်ဒီးစးထိုင်ဟ့ၣ်ကဒါက့ၤတၢ်လၢအဆိန့ၣ်, ကျိၤကွၢ်အညီကတၢ်တဘိမ့ၢ်တၢ်ကရဲၣ်ကျဲၤတၢ်ဟ့ၣ်ကဒါစ့တဖၣ်လၢ
အမ့ၢ်တၢ်သ့ၣ်ဒၣ် **Money you owe (စ့နကဘၣ်ဟ့ၣ်ကဒါ)** တၢ်မၤစၢၤအတၢ်ဖဲတၢ်မၤလၢန Centrelink online
account မ့ၢ်တမ့ၢ် Express Plus Centrelink လီၤတဲစိအအဲးဖဲမ့ၢ်တမ့ၢ်ဒီဖျိတၢ်ကိးပုၤန့ၣ်လီၤ.

စးထီၣ် July 2022 န့ၣ်တၢ်မၤန့ၣ်ကဲထီၣ်လဲၣ်

Centrelink ဒုၣ်ကမၢ်အတၢ်ဟံးန့ၣ်က့ၤတၢ်န့ၣ် တၢ်ကစးထီၣ်က့ၤဖဲ 1 သီ July 2022 လီၤ. ပကဆဲးကျိးဝဲဒၣ်ပုၤလၢ တၢ်ဟ့ၣ်အါတလၢဘၣ်စးထီၣ် June 2022, လၢတၢ်ကဒုးသ့ၣ်နီၣ်အဝဲသ့ၣ် လၢတၢ်ဟံးပနီၣ်အမုၢ်နံၤလၢအကဘၣ် ဟ့ၣ်ကဒါက့ၤတၢ်ဒီးမ့ၢ်အဝဲသ့ၣ်က့ၤစးထီၣ်ဟ့ၣ်ကဒါစ့ကသ့ၤလၢကျဲၣ်လဲၣ်န့ၣ်လီၤ.

န့ၣ်လိၣ်ဟ့ၣ်ကဒါစ့လၢနကဘၣ်ဟ့ၣ်အီၤတဖၣ်တဘျီဃီဘၣ်. ပုၤအါဒၣ်တၢ်တက့ၢ်ဆီလီၤတၢ်ဟ့ၣ်ကဒါစ့အ တၢ်ရဲၣ် တၢ်ကျဲၤတခါဒီးဟ့ၣ်က့ၤဝဲဒၣ်လၢတၢ်ဟံးပနီၣ်တၢ်ဆၢကတီၢ် တခါအပူၤန့ၣ်လီၤ.

ဖဲန့ၣ်ဟံးကတီၢ်ဃာ်န့ၣ်တၢ်ဟ့ၣ်ကဒါစ့န့ၣ်

န့ၣ်လိၣ်စးထီၣ်ဟ့ၣ်ကဒါစ့လၢ July 2022 န့ၣ်လီၤ. ပကဆုၤန့ၣ်ဒီးလီၤတၢ်ကစီၣ်အဖျၢ်တဲသ့ၣ်နီၣ်တၢ်တခါစးထီၣ် လၢယူၤ,လၢတၢ်ကဒုးသ့ၣ်ညါန့ၣ်ဒီးတၢ်ဆၢကတီၢ်လၢနကလိၣ်စးထီၣ်မၤတၢ်ဟ့ၣ်ကဒါစ့တဖၣ်န့ၣ်လီၤ. ပကဆုၤ စ့ၢ်ကီး တၢ်တဲသ့ၣ်နီၣ်တဖၣ်ဆူၣ် Centrelink online account ခီဖျိ myGov ဒီး Express Plus Centrelink လီၤတဲဖိ အအဲးဖဲ န့ၣ်လီၤ.

ဖဲန့ၣ်အိၣ်ဒီးဒုၣ်ကမၢ်အသီတခါအခါ

ပကဆုၤန့ၣ်ဒီးလံာ်ပရၢတဘျီလၢအအိၣ်ဒီးတၢ်ဂ့ၢ်တၢ်ကျိၤဘၣ်ဃးတၢ်ဟ့ၣ်တလၢဘၣ်တၢ်အလဲအသီတခါလၢလၢ,လၢ အဟံးဃာ်တၢ်ဟံးပနီၣ်ဃာ်အမုၢ်နံၤလၢနကလိၣ်စးထီၣ်မၤဝဲဒၣ်တၢ်ဟ့ၣ်ကဒါစ့န့ၣ်လီၤ. တၢ်အံၤကမ့ၢ်ဝဲဒၣ် 28 သီစး ထီၣ်မုၢ်နံၤလၢပဆုၤန့ၣ်န့ၣ် လံာ်ပရၢအံၤန့ၣ်လီၤ. န့ၣ်လိၣ်ဟ့ၣ်ကဒါစ့ကျဲၣ်ခံၣ်အကျိၤတဘိတဘိ,ဟ့ၣ်က့ၤခဲလၢာ်ပုၤပုၤ, ဆီလီၤ တၢ်ဟ့ၣ်ကဒါစ့အတၢ်ရဲၣ်တၢ်ကျဲၤတခါမ့ၢ်ဆဲးကျိးပုၤဖဲန့ၣ်စးထီၣ်ဟ့ၣ်ကဒါစ့မ့ၢ်တသ့မ့ၢ်လၢတၢ်ဟံးပနီၣ်ဃာ်မုၢ်နံၤမုၢ်သီ အယိန့ၣ်တက့ၢ်.

စးထီၣ် July, ပကဆုၤစ့ၢ်ကီးန့ၣ်ဒီးတၢ်ဒုးသ့ၣ်နီၣ် တဖၣ်လၢအကဟဲခီဖျိလီၤတၢ်ကစီၣ်အဖျၢ်,န Centrelink online account ခီဖျိ myGov ဒီး Express Plus Centrelink လီၤတဲဖိအအဲးဖဲန့ၣ်လီၤ.

ဟံၣ်ဖိဃီဖိအတၢ်မၤစၢၤအတၢ်ဟ့ၣ်စ့တဖၣ်

အခါဖဲတၢ်ဟံးကတီၢ်ဒုၣ်ကမၢ်တၢ်ဟ့ၣ်လီၤအခါပဟံးပတုၣ်တၢ်မၤန့ၣ်က့ၤဒုၣ်ကမၢ်လၢအအိၣ်ဟံးတဖၣ်လၢဟံၣ်ဖိဃီဖိအတၢ် မၤစၢၤအတၢ်ဟ့ၣ်အလဲတဖၣ်အအိၣ်န့ၣ်လီၤ. ဖဲတၢ်ဟံးပတုၣ်အံၤကတၢ်ဝဲဒၣ်အခါ, ဖဲန့ၣ်အိၣ်ဒီးဒုၣ်ကမၢ်လၢအအိၣ် ဟံးစၢၤဒီးပုၤန့ၣ်ပကမၤန့ၣ်ကဒါအီၤလၢန-

- Family Tax Benefit (FTB) စွလာတၢ်ကဘၣ်ဟ့ၣ်က့ၤတဖၣ်, တၢ်ထၢန့ၣ်လီၤမၤပျဲတၢ်မၤဘၣ်လိာ်ဖိးဒုတၢ်တဖၣ်ဒီး တၢ်ယုထီၣ်အတၢ်ဟ့ၣ်ဖျိၣ်တၢ်ဟ့ၣ်အလဲတဖၣ်န့ၣ်လီၤ
- Child Care Subsidy (CCS) စွလာတၢ်ကဘၣ်ဟ့ၣ်က့ၤတဖၣ်, တၢ်ထၢန့ၣ်လီၤမၤပျဲတၢ်မၤဘၣ်လိာ်ဖိးဒု တၢ်တၢ်ဟ့ၣ် အလဲတဖၣ်န့ၣ်လီၤ တၢ်အံၤမ့ၢ်ဝဲထဲဒၣ်လၢဖိသၣ်တၢ်ကွၢ်ထွဲကဟ့ၣ်ကယၢ်အဒ့ၣ်ကမၢ်ဧါအဂီၢ်လီၤ.

ပမၤန့ၢ်က့ၤလၢဟံၣ်ဖိသီဖိအတၢ်မၤစၢၤအဒ့ၣ်ကမၢ်တဖၣ်လၢတၢ်ဟ့ၣ်ကဒါက့ၤခိသ့ခိဖျိတၢ်ဘၣ်ဘၣ်လိာ်ဖိးဒုအကျိၤအ ကွၢ်သ့စ့ၢ်ကီးလီၤ.

လၢတၢ်ကယုသ့ၣ်ညါအါထီၣ်လၢအဲးကလံးကျိၣ်အဂီၢ်လဲၤဆူ servicessaustralia.gov.au/balancing

တၢ်လၢနကြးသ့ၣ်ညါ

ပနၢ်ပၢ်ဝဲဒၣ်လၢပုၤအါဒိအါဂၤအိၣ်ဒီးကျိၣ်စ့အတၢ်တၢ် တၢ်တဖၣ်ဒီးနီၢ်တၢ်အတၢ်အိၣ်သးတဖၣ်ဆိတလဲအသးသ့လီၤ. ပအိၣ်ဝဲဒၣ်ဖဲအံၤလၢတၢ်ကမၤစၢၤန့ၣ်လီၤ.

- ဖဲနကမၢ်မ့ၢ်အိၣ်ဒီးပုၤအခါ, နတလိၣ်ဟ့ၣ်ကဒါအီၤတဘျီယီတုၤအလၢာ်ဘၣ်. နရဲၣ်ကျဲၤဆီလီၤတၢ်ဟ့ၣ်ကဒါအတၢ် ရဲၣ်တၢ်ကျဲၤဒီးဟ့ၣ်ကဒါက့ၤအီၤလၢတၢ်ဟံၣ်ပနီၣ်တၢ်ဆၢကတီၢ်တခါအတီၢ် ပူၤန့ၣ်သ့လီၤ. တၢ်အံၤမ့ၢ်တၢ်လၢပုၤအါတ က့ၢ်မၤဝဲဒၣ်န့ၣ်လီၤ
- ကျိၤကွၢ်အညီကတၢ်တဘိမ့ၢ်တၢ်ကရဲၣ်ကျဲၤတၢ်ဟ့ၣ်ကဒါစ့တဖၣ်လၢအမ့ၢ်တၢ်သ့ဝဲဒၣ် **Money you owe (စ့နကဘၣ်ဟ့ၣ်ကဒါ)** တၢ်မၤစၢၤအတၢ်ဖိးတၢ်မၤလၢန Centrelink online account မ့တမ့ၢ် Express Plus Centrelink လီတဲစိအအဲးဖဲမ့တမ့ၢ်ခိဖျိတၢ်ကိးပုၤန့ၣ်လီၤ
- ဖဲနစးထီၣ်ဟ့ၣ်ကဒါစ့တဖၣ်ဟံၣ်ပနီၣ်ဃာ်အမ့ၢ်န့ၣ် မ့ၢ်တသ့အခါ,ဝံသးစူၤကိးဘၣ်ပုၤလၢနညီန့ၣ်တၢ်ဟ့ၣ်ကဒါတၢ်အလီ ကျိၤမ့တမ့ၢ်Centrelink တၢ်ဟံးန့ၣ်ကဒါတၢ် အလီကျိၤလၢ **1800 076 072** န့ၣ်တက့ၢ်. ဒုးသ့ၣ်ညါဘၣ်ပုၤဖဲနမ့ၢ်က လိၣ်ဘၣ်ပုၤကတီၢ်ကျိးထံတၢ်တၢ်ဒီးပကကျဲၤကလီန့ၣ်န့ၣ်လီၤ.

မ့ၢ်တၢ်ကဟ့ၣ်ကဒါစ့လၢနကဘၣ်ဟ့ၣ်ကဒါဆူ Centrelink စးထီၣ် July 2022 န့ၣ်ဒ်လဲၣ်.

ဖဲနမ့ၢ်မၤန့ၢ်တၢ်ဟ့ၣ်လီၤအလဲတခါလၢပအိၣ်န့ၣ်, ပကထုးကွၢ်စ့အနီၢ်ဂံၢ်နီၢ်ဒုးတခါလၢနညီန့ၣ်တၢ်ဟ့ၣ်လီၤအလဲအကျိၤန့ၣ် လီၤ. နတလိၣ်မၤတၢ်နီတမံၤဘၣ်. ဖဲနမ့ၢ်အဲၣ်ဒီးဆိတလဲနတၢ်ဟ့ၣ်အလဲအတၢ်ရဲၣ်တၢ်ကျဲၤမ့တမ့ၢ်ဟ့ၣ်အါထီၣ်စ့လၢနဒ့ၣ် ကမၢ်အဂီၢ်အခါန့ၣ်နမၤတၢ်အံၤလၢလီၤအပုၤယဲၤအဖိခိၣ်ခိဖျိတၢ်သ့ **Money you owe** အတၢ်မၤစၢၤအတၢ်ဖိးတၢ်မၤ မ့တမ့ၢ်ခိဖျိ တၢ်ကိးန့ၣ်န့ၣ်တၢ်ဟ့ၣ်အလဲအလီကျိၤန့ၣ်သ့လီၤ.

ဖဲနမ့ၢ်တဒီးန့ၢ်ဘၣ်တၢ်ဟ့ၣ်အလဲတခါလၢပအိၣ်လၢဘၣ်ဒီးနကဘၣ်မၤလီၤတၢ်နဟ့ၣ်ကဒါစ့လၢနကဘၣ်ဟ့ၣ်အီၤဖဲတၢ်ဟ်ပနီၣ်ဃာ်မုၢ်န့ၢ်မ့ၢ်တမ့ၢ်ဆီလီၤတၢ်ဟ့ၣ်ကဒါစ့အတၢ်ရဲၣ်တၢ်ကျဲၤတခါတက့ၢ်. ဖဲနစးထီၣ်ဟ့ၣ်ကဒါန့ၣ်ကမၢ် ဖဲတၢ်ဟ်ပနီၣ်ဃာ်အမုၢ်န့ၢ်မ့ၢ်တသ့ဘၣ်န့ၣ်,နကြၢးကိးဝဲဒၣ်န Centrelink တၢ်ဟ့ၣ်အလီၤကျိၤမ့ၢ်တမ့ၢ် Centrelink တၢ်မၤန့ၢ်ကဒါတၢ်အလီၤကျိၤဖဲ **1800 076 072** န့ၣ်တက့ၢ်. ဒူးသ့ၣ်ညါဘၣ်ပုၤဖဲနမ့ၢ်ကလိၣ်ဘၣ်ပုၤကတိၤကျိး ထံတၢ်တဂၤဒီးပကကျဲၤကလီၤန့ၢ်လီၤ.

လၢတၢ်ဂ့ၢ်တၢ်ကျိၤဆူညါလၢအဲးကလံးအကျိၣ်ဒီးကျိၣ်အဂၤလၢအဘၣ်ဃးဒီးမ့ၢ်တၢ်ကဟ့ၣ်ကဒါစ့လၢနကဘၣ်ဟ့ၣ်တဖၣ်ဒ်လဲၣ်အဂီၢ်,လဲၤဆူ servicessaustralia.gov.au/debts တက့ၢ်

တၢ်ဆီၣ်ထွဲအဂၤလၢအအိၣ်ဝဲဒၣ်မ့ၢ်မနုၤလဲၣ်

ဖဲနမ့ၢ်တန့ၢ်ပၢ်ဝဲဒၣ်လၢဘၣ်မနုၤအဃိနဘၣ်တၢ်ဟ့ၣ်အါထီၣ်ဘၣ်နဒီးစ့လဲၣ်န့ၣ်နသံကွၢ်ပုၤလၢတၢ်ကရဲၣ်ပုၤအါထီၣ်နအဂီၢ်သ့လီၤ,မ့ၢ်တမ့ၢ်ဖဲနမ့ၢ်တအၢ်လီၤတူၢ်လိာ်ဒီးတၢ်ဆၢတံာ်တခါ,နယုထီၣ်လၢတၢ်ကကွၢ်သမံသမိးက့ၤတၢ်ခိဖျိတၢ်ကိး-

- န Centrelink တၢ်ဟ့ၣ်အလဲအလီၤကျိၤ
- Centrelink တၢ်မၤန့ၢ်ကဒါဒ့ၣ်ကမၢ်အလီၤကျိၤလၢ **1800 076 072** န့ၣ်တက့ၢ်.

ဖဲနမ့ၢ်လိၣ်ဘၣ်တၢ်မၤစၢၤအဂၤတဖၣ်အခါ, ပအိၣ်ဒီးပုၤမၤတၢ်ဖိလီၤဆီလၢအမၤစၢၤတၢ်သ့န့ၣ်လီၤ.

ပ Financial Information Service Officers မၤစၢၤလၢတၢ်ကမၤတၢ်ဆၢတံာ်တဖၣ်လၢအအိၣ်ဒီးတၢ်သ့ၣ် ညါတၢ်ဂ့ၢ်လၢအဘၣ်ထွဲဒီးန့ၣ်ကျိၣ်စ့န့ၣ်သ့လီၤ. လၢတၢ်ကယုသ့ၣ်ညါအါထီၣ်ဘၣ်ဃးပ Financial Information Service အဂီၢ်လဲၤဘၣ်ဆူ servicessaustralia.gov.au/fis

ပပုၤဂ့ၢ်ဝီအပုၤမၤတၢ်ဖိတဖၣ်ဟ့ၣ်ကတီၢ်ဖုၣ်တၢ်တၢ်ပိၣ်ဟ့ၣ်ကူၣ်ဟ့ၣ်ဖး,တၢ်ဂ့ၢ်တၢ်ကျိၤဒီးတၢ်ဆၢဃီၤတဖၣ်ဆူတၢ်ဆီၣ်ထွဲမၤစၢၤအတၢ်မၤစၢၤအတၢ်ဖဲးတၢ်မၤတဖၣ်န့ၣ်လီၤ. လၢတၢ်ကယုသ့ၣ်ညါအါထီၣ်ဘၣ်ဃးပပုၤဂ့ၢ်ဝီအပုၤမၤတၢ်ဖိတဖၣ်-

- လဲၤဘၣ်ဆူ servicessaustralia.gov.au/socialwork
- ကိးဘၣ် **132 850** ဒီးယုန့ၢ်ဘၣ်ခွဲးလၢတၢ်ကကတိၤတၢ်ဒီးပပုၤဂ့ၢ်ဝီအပုၤမၤတၢ်ဖိတဂၤတက့ၢ်. ဒူးသ့ၣ်ညါဘၣ်ပုၤဖဲနမ့ၢ်ကလိၣ်ဘၣ်ပုၤကတိၤကျိးထံတၢ်တဂၤဒီးပကကျဲၤကလီၤန့ၢ်လီၤ.

Centrelink လီၤတဲစိအနီၢ်ဂံၢ်တဖၣ်

Disability, Sickness and Carers **132 717**

Families **136 150**

Employment Services **132 850**

Youth and Students **132 490**

Older Australians **132 300**

ABSTUDY **Freecall™ 1800 132 317**

Centrelink Debt Recovery **Freecall™ 1800 076 072**

Centrelink Indigenous

Debt Recovery **Freecall™ 1800 138 193**

Multilingual Phone Service, လာတင်ကကတိတင်ဒီးပုလလကျိလအအါနဒီး English အကျိ **131 202**

Farmer Assistance Hotline **132 316**

Services Australia Feedback

and Complaints **Freecall™ 1800 132 468**

TTY* အတင်သံကွင်သံဒီးတဖ် **Freecall™ 1800 810 586**

TTY* ပုပုလူတင်အတင်ဘဉ်ထွဲဘဉ်ဃးတဖ် အလီကျိ **Freecall™ 1800 000 567**

*TTY

န့ဉ်မ့ထဲဒဉ်လပုလအနတအမတမ့ပုလအအိဉ်ဒီးတင်နဟုမတမ့တင်သ့စံးသ့ကတိအတင်ဟးဂူဟးဂီတဖ် န့ဉ်လီ. TTY အလီတဲစိန့ဉ်တင်လိဉ်ဘဉ်အီလတင်ကသူတင်မၤစၤအတင်ဖဲတင်မၤတခါအံၤအဂီၢ်လီ.

လာတင်ဂ့တင်ကျိလူညါအဂီၢ်

- လဲဘဉ်ဆူ servicessaustralia.gov.au/debts လာတင်ဂ့တင်ကျိလူညါအဂီၢ်
- လဲဆူ servicessaustralia.gov.au/yourlanguage ဖဲနဖးကန့ဉ်မ့တမ့ကွင်တင်ဂီမူတဖ်လအအိဉ်ဃုာ်ဒီးတင်ဂ့တင်ကျိလအအိဉ်လနကျိတဖ်န့ဉ်တက့ၢ်
- ကိးဘဉ် **131 202** လာတင်ကကတိတင်ဒီးပုလ လနကျိဘဉ်ဃးCentrelink အတင်ဟ့ဉ်ကဒါတဖ် ဒီးတင်မၤစၤအတင်ဖဲတင်မၤတဖ်
- ကိးဘဉ် **132 011** လာ Medicare ဒီး **131 272** Child Support အဂီၢ်. ဒုးသ့ညါဘဉ်ပုလဖဲနမ့ကလိဉ်ဘဉ်ပုလက တိကျိးထံတင်တဂၤဒီးပကရဲဉ်ကျဲကလီန့ဉ်လီ.
- လဲအိဉ်သကိးဘဉ်တင်မၤစၤအတင်ဖဲတင်မၤအလီၢ်တခါတက့ၢ်.

မၤနီဉ်-တင်ကိးလနဟံဉ်အလီတဲစိဆူ '13' အနီၢ်

ဂံၢ်တဖ်လာတင်လီၢ်တခါလ်လ်လအီးစတြဲလယါအပူန့ဉ်တင်ဃုအပုလအအိဉ်ဒီးအယုာ်လအသံတခါတက့ၢ်.

တင်အယုာ်သ့တဖ်အံၤကလီဆီလိာ်အသးလၢလီၢ်ကဝီၤအတင်ကိးတခါအဂီၢ်ဒီးကလီဆီစ့ၢ်ကိးအသးလၢလီတဲစိအ တင်မၤစၤအပုလဟ့ဉ်တင်တဖ်အဘဉ်စၤစ့ၢ်ကိးန့ဉ်လီ. တင်ကိးဆူ '1800' အနီၢ်ဂံၢ်တဖ်လနဟံဉ်အလီတဲစိန့ဉ်အပုလ

တအိန်ဘဉ်. တၢ်ကိးလၢကမျၢၢ်ဒီးလီတဲစိစိၣ်စုတဖၣ်ဘဉ်တဘဉ်တၢ်ကမၤနီၣ်ဃၢ်တၢ်ဆၢကတီၢ်ဒီးတၢ်ကယုအပူၤလၢ
အအါတခါသ့လီၤ.



Restarting Centrelink debt raising and recovery after the COVID-19 debt pause

In August 2021, we temporarily paused debt recovery and debt raising to help ease pressure for people impacted by the COVID-19 lockdowns in:

- New South Wales
- Victoria
- South East Queensland
- The Australian Capital Territory.

Now that COVID-19 restrictions are easing in these areas, debt raising and recovery for Centrelink will start again.

We will start debt raising again in January 2022. In July 2022 we will start recovering income support and family assistance debts.

We want to help you to repay money in a way that best suits your situation. You do not need to repay your debt all at once. You can set up a payment arrangement and repay it over time. Most people do this.

What is happening in January 2022

Centrelink debt raising will restart from 10 January 2022. We will write to people who have a new debt to let them know how much they owe, and when to start repaying.

Some people who put their debt repayments on hold may also have a new debt.

No one will have to pay anything back until July 2022, unless they choose to.

If you want to start repaying sooner, the easiest way to manage repayments is using the **Money you owe** service in your Centrelink online account or Express Plus Centrelink mobile app or by calling us.

What is happening from July 2022

Centrelink debt recovery will restart from 1 July 2022. We will contact people who were overpaid from June 2022, to remind them of the due date for their repayments and how they can start repaying money.

You do not need to repay the money you owe all at once. Most people set up a payment arrangement and pay over time.

If you put your repayments on hold

You need to start repaying money from July 2022. We will send you a text message reminder from June, to let you know when you need to start making repayments. We will also send reminders to your Centrelink online account through myGov and Express Plus Centrelink mobile app.

If you have a new debt

We will send you a letter with information about any new overpayments, including the due date you need to start making repayments. This will be 28 days from the date we send the letter. You will need to either repay the money in full, set up a payment arrangement or contact us if you can not start repaying the money by the due date.

From July, we will also send you reminders via text message, your Centrelink online account through myGov and Express Plus Centrelink mobile app.

Family assistance payments

During the debt pause we stopped recovering outstanding debts from family assistance payments. When the pause ends, if you have an outstanding debt with us we may recover it from your:

- Family Tax Benefit (FTB) arrears, balancing top ups and lump sum claim payments
- Child Care Subsidy (CCS) arrears and balancing top up payments. This is for child care debts only.

We can also recover family assistance debts from tax refunds through the balancing process.

To find out more in English go to servicessaustralia.gov.au/balancing

What you should know

We understand many people have financial challenges and that individual circumstances may have changed. We are here to help you.

- If you owe us money, you do not need to repay it all at once. You can set up a payment arrangement and repay it over time. This is what most people do
- The easiest way to manage repaying money is by using the **Money you owe** service in your Centrelink online account or Express Plus Centrelink mobile app
- If you cannot start repaying money by the due date, please call us on your regular payment line or the Centrelink recovery line on **1800 076 072**. Let us you know if you need an interpreter, and we will arrange one for free.

How to repay money that you owe to Centrelink from July 2022

If you are getting a payment from us, you will have an amount deducted from your regular payment. You don't need to do anything. If you would like to change your payment arrangement or make extra payments to your debt, you can do this online using the **Money you owe** service or by calling your regular payment line.

If you no longer get a payment from us, you need to make sure you have repaid the money you owe by the due date, or set up a payment arrangement. If you cannot start repaying your debt by the due date, you should call your Centrelink payment line or the Centrelink recovery line on **1800 076 072**. Let us know if you need an interpreter, and we will arrange one for free.

For more information in English and other languages about how to repay money you owe, go to servicessaustralia.gov.au/debts

What other support is available

If you do not understand why you have been overpaid you can ask us for an explanation, or if you disagree with the decision, you can ask for a review by calling:

- your Centrelink payment line
- the Centrelink debt recovery line on **1800 076 072**.

If you need extra support, we have specialist staff who can help.

Our Financial Information Service Officers can help you make informed decisions about your finances. To find out more about our Financial Information Service go to **servicesaustralia.gov.au/fis**

Our social workers can provide short-term counselling, information and referrals to support services. To find out more about our social workers:

- go to **servicesaustralia.gov.au/socialwork**
- call **132 850** and ask to speak with a social worker. Let us know if you need an interpreter, and we will arrange one for free.

Centrelink phone numbers

Disability, Sickness and Carers	132 717
Families	136 150
Employment Services	132 850
Youth and Students	132 490
Older Australians	132 300
ABSTUDY	Freecall™ 1800 132 317
Centrelink Debt Recovery	Freecall™ 1800 076 072
Centrelink Indigenous Debt Recovery	Freecall™ 1800 138 193
Multilingual Phone Service, to speak to us in languages other than English	131 202
Farmer Assistance Hotline	132 316
Services Australia Feedback and Complaints	Freecall™ 1800 132 468
TTY* enquiries	Freecall™ 1800 810 586
TTY* customer relations line	Freecall™ 1800 000 567

*TTY is only for people who are deaf or who have a hearing or speech impairment. A TTY phone is required to use this service.

For more information

- go to **servicesaustralia.gov.au/debts** for more information
- go to **servicesaustralia.gov.au/yourlanguage** where you can read, listen to or watch videos with information in your language
- call **131 202** to speak with us in your language about Centrelink payments and services

- call **132 011** for Medicare and **131 272** for Child Support. Let us know if you need an interpreter, and we will arrange one for free
- visit a service centre.

Note: calls from your home phone to '**13**' numbers from anywhere in Australia are charged at a fixed rate. That rate may vary from the price of a local call and may also vary between telephone service providers. Calls to '**1800**' numbers from your home phone are free. Calls from public and mobile phones may be timed and charged at a higher rate.