

centrelink

# HPA

Health Professional Assessment

Fill in this page only, make an appointment for your partner and give this assessment to the health professional to complete.

## STEP 1 Your details

Title Mr  Mrs  Miss  Ms  Dr  Other

Family name

First given name

Other given name(s)

Date of birth  /  /

Contact phone number (  )

## STEP 2 Your partner's details

Title Mr  Mrs  Miss  Ms  Dr  Other

Family name

First given name

Other given name(s)

Date of birth  /  /

## STEP 3 IMPORTANT INFORMATION

### Privacy and your personal information

Your personal information is protected by law (including the *Privacy Act 1988*) and is collected by the Australian Government Department of Human Services for the assessment and administration of payments and services. This information is required to process your application or claim. Your information may be used by the department, or given to other parties where you have agreed to that, or where it is required or authorised by law (including for the purpose of research or conducting investigations).

You can get more information about the way in which the department will manage your personal information, including our privacy policy, at [humanservices.gov.au/privacy](http://humanservices.gov.au/privacy)

Authorisation for release of medical details by your partner

- I give permission for medical details and clinical notes about me to be supplied to the Australian Government Department of Human Services.
- I understand that the assessment will be used to assist in assessing a claim for Carer Payment by my partner and may need to be released to my partner by the Australian Government Department of Human Services.

Patient's signature



Date

/  /

## STEP 4 See page 2



CLK0AUS156a 1806

**Answer no more questions.****Give this assessment to the health care professional who treats your partner to complete.**

The health professional will probably prefer to complete this Health Professional Assessment after examining your partner to make sure the information provided is up to date. It is best if you let the health professional or receptionist know that you need a form completed when you make an appointment.

If you need an interpreter, you will need to organise this before you make an appointment with the health professional.

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## Instructions for the health professional

### About Carer Payment

Carer Payment may be paid under Australian social security law to eligible people who personally provide constant care for a disabled adult on a daily basis in that person's home or in hospital.

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### Why a health professional assessment is needed

The health professional assessment is needed to determine if the applicant meets the legislative requirements to be eligible for Carer Payment.

The information required for this purpose is:

- whether the person being cared for has a severe disability or handicap, **and**
- whether, as a result of that disability, the person needs personal care and attention or constant supervision on a daily basis, **and**
- whether the person is likely to need care and attention or constant supervision permanently or for an extended period (as a guide, more than 6 months unless the person has a terminal illness and expected to live for 3 months or less).

For Carer Payment purposes, 'personal care and attention' refers specifically to the assistance required with routine personal activities such as eating, dressing, hygiene or mobility, but not assistance with everyday domestic tasks such as housekeeping, gardening, shopping etc.

The care would be required frequently each day and the carer will generally be unable to undertake full-time or substantial employment.

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### Assessing the level of disability

The Department of Human Services will use the information provided by you (along with information from the applicant) to determine the person's ability to function independently.

This form is also used to assess cognitive impairment of the person receiving the care.

This is an oral test.

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### Who CAN complete this assessment

This assessment must be completed by a medical practitioner, registered nurse, occupational therapist or physiotherapist currently involved with the treatment of the person.

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### Who CANNOT complete this assessment

This assessment cannot be completed by:

- the person claiming the payment
- an immediate family member of the person claiming a payment, **or**
- an immediate family member of the person being cared for.

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**Please return this completed form to the carer.**

## About the person receiving care

1 Does the person have physical  intellectual  psychiatric  physical, intellectual or psychiatric disabilities?

2 Does the disability/medical condition result in the need for constant care on a daily basis to carry out routine personal activities? No  Yes

3 Does the disability/medical condition result in the need for constant care on a daily basis because the person requiring care may be a risk to themselves or to another? No  Yes

4 Does the disability/medical condition result in the need for constant care on a daily basis from more than one person? No  Yes

5 Which of the following best describes this person's condition? permanent  Is the person's overall condition likely to improve? No  Yes

temporary  For how long do you expect this person's condition to continue?  
 12 months or more  Go to **Question 6**  
 6–11 months  Go to **Question 6**  
 less than 6 months  You do not have to complete any more medical details about this person. Go to **Question 12** on page 8.

terminal  Is the person in the terminal phase of a terminal illness and not expected to live for more than 3 months?  
 No  Go to **Question 6**  
 Yes  What is the person's main condition?

A legally qualified medical practitioner must certify this person's condition.

Details of medical practitioner

Name

Professional qualifications

Contact phone number

(      )

▶ You do not have to complete any more medical details about this person. Go to **Question 12** on page 8.

**6 Please indicate any condition(s) which you believe contributes significantly to the person's disability:**

<b>a Cardiovascular:</b>	Hypertension	<input type="checkbox"/>	OCS
	Ischaemic heart disease	<input type="checkbox"/>	CAD
	Myocardial infarction	<input type="checkbox"/>	MYI
	Peripheral vascular disease	<input type="checkbox"/>	PVD
	Other (please specify) <input type="text"/>	<input type="checkbox"/>	
<hr/>			
<b>b Musculo-Skeletal</b>	Fracture	<input type="checkbox"/>	FRC
	Joint replacement	<input type="checkbox"/>	OAR
	Osteoarthritis	<input type="checkbox"/>	OST
	Osteoporosis	<input type="checkbox"/>	OSO
	Rheumatoid arthritis	<input type="checkbox"/>	RHM
	Malignancy of the musculo-skeletal system	<input type="checkbox"/>	BON
	Other (please specify) <input type="text"/>	<input type="checkbox"/>	
<hr/>			
<b>c Neurological</b>	Behavioural disorder – Autism	<input type="checkbox"/>	AUT
	Behavioural disorder – Attention Deficit Hyperactivity Disorder	<input type="checkbox"/>	ADD
	Behavioural disorder – other (please specify)	<input type="checkbox"/>	
	<input type="text"/>		
	Cerebral palsy	<input type="checkbox"/>	CER
	Cerebrovascular accident – aphasia	<input type="checkbox"/>	CLS
	Cerebrovascular accident – hemiplegia	<input type="checkbox"/>	HPP
	Dementia – Alzheimer's disease	<input type="checkbox"/>	ALZ
	Dementia – other	<input type="checkbox"/>	SEN
	Epilepsy – grand mal	<input type="checkbox"/>	EGM
	Epilepsy – myoclonic	<input type="checkbox"/>	EMY
	Epilepsy – petit mal	<input type="checkbox"/>	EAS
	Head injury, acquired brain injury	<input type="checkbox"/>	TBI
	Intellectual disability/mental retardation	<input type="checkbox"/>	LIQ
	Motor neurone disease	<input type="checkbox"/>	MND
	Multiple sclerosis	<input type="checkbox"/>	MSC
	Paralysis – Paraplegia	<input type="checkbox"/>	PRP
	Paralysis – Quadriplegia	<input type="checkbox"/>	QPP
	Parkinson's disease	<input type="checkbox"/>	PAR
	Spina bifida	<input type="checkbox"/>	SPB
	Huntington's chorea	<input type="checkbox"/>	HUN
	Malignancy of the neurological system	<input type="checkbox"/>	BRN
	Other (please specify) <input type="text"/>	<input type="checkbox"/>	

(continued) Please indicate any condition(s) which you believe contributes significantly to the person's disability:

<b>d Psychiatric</b>	Anxiety disorders	<input type="checkbox"/>	ANX
	Mood disorders (including depression)	<input type="checkbox"/>	DPN
	Schizophrenia	<input type="checkbox"/>	SCH
	Other (please specify) <input type="text"/>	<input type="checkbox"/>	
<b>e Respiratory</b>	Asthma	<input type="checkbox"/>	AST
	Chronic airways disease – chronic bronchitis	<input type="checkbox"/>	BRO
	Chronic airways disease – emphysema	<input type="checkbox"/>	EMP
	Chronic airways disease – other (please specify) <input type="text"/>	<input type="checkbox"/>	
	Malignancy of the respiratory system	<input type="checkbox"/>	LNG
	Other (please specify) <input type="text"/>	<input type="checkbox"/>	
<b>f Sensory</b>	Blindness	<input type="checkbox"/>	BLB
	Blindness – cataracts	<input type="checkbox"/>	CAT
	Blindness – glaucoma	<input type="checkbox"/>	GLA
	Deaf – blindness	<input type="checkbox"/>	DFB
	Deafness or hearing disorder	<input type="checkbox"/>	CHL
	Other (please specify) <input type="text"/>	<input type="checkbox"/>	
<b>g Other diseases/disorders</b>	Alcohol dependence	<input type="checkbox"/>	ALC
	Autoimmune disease (e.g. SLE)	<input type="checkbox"/>	LPS
	Blood disorder – haemophilia	<input type="checkbox"/>	HAE
	Blood disorder – leukaemia	<input type="checkbox"/>	ALK
	Cystic fibrosis	<input type="checkbox"/>	CYS
	Diabetes mellitus – insulin dependent	<input type="checkbox"/>	IDD
	Diabetes mellitus – non-insulin dependent	<input type="checkbox"/>	NID
	Drug dependence	<input type="checkbox"/>	DRG
	HIV/AIDS	<input type="checkbox"/>	HV4
	Malignancy (please specify) <input type="text"/>	<input type="checkbox"/>	
	Renal failure	<input type="checkbox"/>	KID
	Other (please specify) <input type="text"/>	<input type="checkbox"/>	

Please give the codes for the two conditions at Question 6 (e.g. BRO) you believe most contribute to the person's level of disability:

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If a code does not appear next to the appropriate condition, please initial the condition.

# Personal activities for daily living

**Personal activities for daily living**—This is an assessment of personal activities of daily living. For each function, please indicate which best describes the person receiving the care.

The information under each function should be used as a record of what the person does, NOT a record of what the person could do.

The main aim is to establish degree of independence from any help, physical or verbal, however minor and for whatever reason.

The need for supervision renders the person NOT independent.

A person's performance should be established using the best available evidence. Asking the person, friends/relatives and nurses will be the usual source, but direct observation and common sense are also important. However, direct testing is not needed.

Usually the performance over the preceding 24–48 hours is important, but occasionally longer periods will be relevant.

Middle categories imply that the person supplies more than 50 per cent of the effort.

Use of aids to be independent is allowed.

Source: *Modified Barthel ADL Index, Standardised Assessment Scales for Elderly People. The Royal College of Physicians of London and the British Geriatric Society, 1992.*

## Section A—day to day needs

*It is in the customer's best interests that*

*ALL parts of Question 7 (a–j) are answered.*

**7 For each function, please tick the box which best describes the person receiving care:**

<b>a Bowels</b> Assess preceding week. If needs enema, then incontinent	Incontinent (or needs to be given enema)	<input type="checkbox"/> a
	Occasional accident (once a week)	<input type="checkbox"/> b
	Continent	<input type="checkbox"/> c
<b>b Bladder</b> Assess preceding week. Occasional = less than once a day. A catheterised person who can completely manage the catheter alone is registered as 'continent'.	Incontinent or catheterised and unable to manage	<input type="checkbox"/> a
	Occasional accident (once a week)	<input type="checkbox"/> b
	Continent	<input type="checkbox"/> c
<b>c Grooming</b> Assess preceding 24–48 hours. Refers to personal hygiene: doing teeth, fitting false teeth, doing hair, shaving, washing face. Implements can be provided by helper.	Needs help with personal care: face, hair, teeth	<input type="checkbox"/> a
	Independent (implements provided)	<input type="checkbox"/> b
<b>d Toilet use</b> Should be able to reach toilet/commode, undress sufficiently, clean self, dress and leave. With help = can wipe self, and could do some other of the above.	Dependent	<input type="checkbox"/> a
	Needs some help but can do some things alone	<input type="checkbox"/> b
	Independent (on and off, wiping, dressing)	<input type="checkbox"/> c
<b>e Feeding</b> Able to eat any normal food (not only soft food). Food cooked and served by others, but not cut up. Help = food cut up, person feeds self.	Unable	<input type="checkbox"/> a
	Needs help in cutting, spreading butter etc.	<input type="checkbox"/> b
	Independent (food provided within reach)	<input type="checkbox"/> c
<b>f Transfer</b> From bed to chair and back. Unable = no sitting balance (unable to sit), two people to lift. Major help = one strong/skilled or two normal people. Can sit up. Minor help = one person easily, or needs any supervision for safety.	Unable – no sitting balance	<input type="checkbox"/> a
	Major help (physical, one or two people), can sit	<input type="checkbox"/> b
	Minor help (verbal or physical)	<input type="checkbox"/> c
	Independent	<input type="checkbox"/> d
<b>g Mobility</b> Refers to mobility about house or indoors. May use aid. If in wheelchair, must negotiate corners/doors unaided. Help = by one untrained person, including supervision, moral support.	Immobile	<input type="checkbox"/> a
	Wheelchair independent, including corners etc. (i.e. uses wheelchair without assistance)	<input type="checkbox"/> b
	Walks with help of one person (verbal or physical)	<input type="checkbox"/> c
	Independent	<input type="checkbox"/> d

(continued) For each function, please tick the box which best describes the person receiving care:

<b>h Dressing</b> Should be able to select and put on all clothes, which may be adapted. Half = requires help with buttons, zips etc. but can put on some garments alone.	Dependent	<input type="checkbox"/>	a
	Needs help but can do about half unaided	<input type="checkbox"/>	b
	Independent (including buttons, zips, laces etc.)	<input type="checkbox"/>	c
<b>i Stairs</b> To be independent, must be able to carry any walking aid used.	Unable	<input type="checkbox"/>	a
	Needs help (verbal, physical, carrying aid)	<input type="checkbox"/>	b
	Independent up and down	<input type="checkbox"/>	c
<b>j Bathing</b> Usually the most difficult activity. Bath: Independent = must get in and out unsupervised and wash self. Shower: Independent = unsupervised/unaided.	Dependent	<input type="checkbox"/>	a
	Independent	<input type="checkbox"/>	b

### Section B—Cognitive function

**8 In your opinion, is the person cognitively impaired?**

No  Go to **Question 11** on page 8

Yes

**9 This is an assessment of cognitive function.**

**Ask the person receiving the care for the following information:**

Please answer all parts of the AMT.

Memory phrase may be repeated up to three times to ensure the person has heard it correctly. All other questions may only be asked once, without further prompting.

*The Abbreviated Mental Test (AMT – 7): 'Its use and validity' Jitapunkel s, Pillary I, Ebrahim S. Age and Ageing 1991; 20:332-336*

#### The Abbreviated Mental Test (AMT)

Correct Incorrect

• Time of day (to the nearest hour)  a  a

#### Memory phrase

Repeat this phrase after me and remember it for later—*42 West Street*

• Name of institution or suburb where the person lives  b  b

• Recognition of two persons in the room (doctor, nurse, carer etc.)  c  c

• Date of birth (day, month, year)  d  d

• Name of present Prime Minister of Australia  e  e

• Count backwards from 20 to 1  f  f

• Ask the person to repeat the **Memory phrase**  g  g

**10 Unable to administer Abbreviated Mental Test (AMT – 7)?**

• Person unable to communicate  a

• Person refused to participate  b

### Section C—Behaviour

**11 For each statement, please tick the box which best describes the person's usual state.**

**Does the person:**

**a Show signs of depression?** Never  a

Sometimes  b

Most of the time  c

(continued) For each statement, please tick the box which best describes the person's usual state.

<b>b Show signs of memory loss?</b>	Never	<input type="checkbox"/> a
	Sometimes	<input type="checkbox"/> b
	Most of the time	<input type="checkbox"/> c
<b>c Withdraw from social contact?</b>	Never	<input type="checkbox"/> a
	Sometimes	<input type="checkbox"/> b
	Most of the time	<input type="checkbox"/> c
<b>d Display aggression towards self or others?</b>	Never	<input type="checkbox"/> a
	Sometimes	<input type="checkbox"/> b
	Most of the time	<input type="checkbox"/> c
<b>e Display disinhibited behaviour?</b>	Never	<input type="checkbox"/> a
	Sometimes	<input type="checkbox"/> b
	Most of the time	<input type="checkbox"/> c

## Your professional details

**12 Is there any information in this report, which, if released to the person requiring care, might be prejudicial to their physical or mental well-being?**

No

Yes  Identify the information and state why it should not be released directly to the person requiring care

Australian law provides for the disclosure of medical or psychiatric information directly to the person requiring care. If there is any information in your report, which, if released to the person, may harm their physical or mental well-being, please identify and briefly state below why it should not be released directly to this person. Similarly, please specify any other special circumstances, which should be taken into account when deciding on the release of your assessment.


**13 IMPORTANT INFORMATION – Privacy and your personal information**

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Your information may be used by the department, or given to other parties where you have agreed to that, or where it is required or authorised by law (including for the purpose of research or conducting investigations).

You can get more information about the way in which the department will manage your personal information, including our privacy policy, at [humanservices.gov.au/privacy](http://humanservices.gov.au/privacy)

**14 Health professional's details and declaration**

Please print in BLOCK LETTERS or use stamp.

Name	<input type="text"/>
Qualifications	<input type="text"/>
Address	<input type="text"/>
	<input type="text"/>
	<input type="text"/>
	<input type="text"/>
Contact phone number	<input type="text"/>
Signature and date	<input type="text"/>
Stamp (optional)	<input type="text"/>

**RETURNING THIS ASSESSMENT**—Please give this completed assessment to the carer.

**Thank you for your assistance.**